



JANUARY 2024

Middle School Menu



MY
SCHOOL
BUCKS

PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday

No
School

Tuesday

No
School
Professional Development
Day

Wednesday

Breaded Chicken
Drumstick w/Biscuit & Butter
Buttery Sweet Peas
Applesauce Cup
Milk Choice

Thursday

Spaghetti w/Meat Sauce
Garlic Knot
Fresh Broccoli & Ranch
Garden Salad & Ranch
Mixed Berry Fruit Cup
Milk Choice

Friday

16" BBQ Chicken
Pizza Or 16" Cheese Pizza
Fresh Grape Tomato &
Carrot Cup w/ Ranch
Diced Peach Cup
Milk Choice

Chicken & Cheese
Quesadilla w/Salsa Cup

Glazed Carrots
Pineapple Tidbit Cup
Milk Choice

All Beef Steakburger
w/Cheese

Oven Baked Curly Fries
Mixed Fruit Cup
Milk Choice

Frito Walking Taco
Shredded Lettuce & Diced
Tomato
Refried Beans & Cheese
Fresh Chiquita Banana
Milk Choice

Spicy Chicken
Breast Filet

Seasoned Green Beans
Applesauce Cup
Milk Choice

Half Day

No School
Dr. Martin Luther King
Day

Domino's Pizza Slice
Cheese or Pork Pepperoni

Italian Green Beans
Strawberry Fruit Cup
Milk Choice

Chicken Thigh &
Drumstick
w/Biscuit & Butter
Steamed Sweet Corn
Diced Peach Cup
Milk Choice

Orange Chicken
Vegetable Fried Rice
Oven Roasted Seasoned
Broccoli
Mandarin Orange Cup
Milk Choice

Toasted Cheese
Sandwich
Tomato Soup
Garden Salad & Ranch
Applesauce Cup
Milk Choice

Popcorn Chicken
Mashed Potato Bowl
Biscuit w/Butter

Applesauce Cup
Milk Choice

All Beef Hot Dog
Oven Baked Onion Rings
Garden Salad & Ranch
Fresh Chiquita Banana
Milk Choice

Spicy Chicken Breast
Bites w/Cornbread

Fresh Broccoli & Ranch
Pineapple Tidbits Cup
Milk Choice

Beef & Cheese Nachos
Refried Beans & Cheese
Tropical Fruit Cup
Milk Choice

Turkey Ham & Cheese
Rippers Or 4" Galaxy Pizza

Sliced Red Peppers & Ranch
Mixed Berry Fruit Cup
Milk Choice

Sloppy Joe w/Cheese
Sandwich
Seasoned Green Beans
Diced Peach Cup
Fudge Brownie
Milk Choice

French Toast w/Turkey
Sausage Link or Chicken
Sausage Pancake Sandwich
Oven Baked Hash Rounds
J&J Snowman 100% Fruit Slushy
Milk Choice

Let's Celebrate Birthdays
Managers Choice
Glazed Carrots
Fresh Apple Slices
Frosted Cookie w/Sprinkles
Milk Choice

Each Day at Lunch your School Cafeteria Offers 3 Entree Choices:

Daily Menu Item, Chef Salad with 2 Breadsticks, or Deli Sandwich, Thursdays – Yogurt & Fruit Parfait w/Granola

Skim and 1% Milk in a Variety of Flavors

Please note our menu is subject to change based on product availability.

This institution is an equal opportunity provider.